

Graduate Medical Education (GME) Resilience Week

Co-sponsored by the Office of Graduate Medical Education and the Bucksbaum Institute

Physician burnout, long a concern in the medical community, has gained national attention in recent years. Research demonstrates that burnout symptoms show up as early as medical school and can increase with each decade of practice. While some stressors of the profession are unavoidable, physician response and adaptability to challenges may be bolstered through resilience training. Here at the University of Chicago Medical Center, we are seeking to develop innovative interventions to equip residents with the tools they need to successfully navigate these experiences to become more resilient physicians and to address systemic factors contributing to physician burnout at this institution. As part of this effort, we surveyed residents and fellows to identify the most common clinical and learning stressors. Residents and fellows identified four key stressors: Systems Issues, Team Dynamics, Difficult Encounters with Staff and Patients, and Work-Life Balance.

Noon-time Lecture Series:

Monday, January 30–Friday, February 3, 2017

TIME: All noon-time lectures will be held from 12–1 p.m.

LOCATION: Dora De Lee Hall Room L-168

- Monday** *Keep Rising: Resident Resilience*
Wayne M. Sotile, PhD
- Tuesday** *Managing the impact of difficult clinical situations*, Sonia Oyola, MD
- Wednesday** *Help! Knowing when you need it, where to find it and when to ask for it*, Kathi Blaszkiewicz, MSW
- Thursday** *Epic and making your work life better*
David Liebowitz, MD
- Friday** *The I in Team: Managing Tough Team Dynamics, A Conversation with Arne Duncan, former US Secretary of Education*

There will be other interactive group activities throughout Resilience Week along with recorded lectures and preparatory tools for breakout sessions. These materials will be used to develop a program curriculum that may be used at the department level to continue resilience teaching.

About us

The Bucksbaum Institute for Clinical Excellence at the University of Chicago was created in September 2011 with a \$42 million gift from the Matthew and Carolyn Bucksbaum Family Foundation. To achieve its mission, the Institute has appointed more than 250 Master Clinicians, Senior Faculty, Junior Faculty, Associate Junior Faculty, Medical Student, and Undergraduate Student Scholars. In addition, the Institute offers a pilot grant program for Faculty Scholars; an annual lecture and seminar series; courses for Pritzker School of Medicine students; and a new academic clinical excellence track in partnership with the University's undergraduate college. This fall, the Bucksbaum Institute, in collaboration with The University of Chicago Center in Delhi, co-sponsored the first international conference on "Reviving Humanities in Medical Education (RHIME)" held in New Delhi, India.

Leadership

Executive Director

Dr. Mark Siegler

Associate Director

Dr. Matthew Sorrentino

Center Director

Ms. Angela Pace-Moody

Advisory Board

Mrs. Kay Bucksbaum

Mr. John Bucksbaum

Dr. Jordan Cohen

Dr. Holly Humphrey

Dr. Kenneth Polonsky

Dr. Laura Roberts

Dr. Arthur Rubenstein

To learn more about the mission, goals, leadership, and scholars of the Bucksbaum Institute for Clinical Excellence please visit our website.

bucksbauminstitute.uchicago.edu

Bucksbaum Institute 2016-17 Programs

The Bucksbaum Institute for Clinical Excellence was created to improve patient care, to strengthen the doctor-patient relationship, and to enhance communication and decision-making through research and education programs for medical students, junior faculty and master clinicians.



THE UNIVERSITY OF
CHICAGO MEDICINE

Bucksbaum Institute
for Clinical Excellence

Bucksbaum Institute 2016–17 Lecture and Seminar Series

White Coat Ceremony: Sunday, August 7, 2016

TIME: 3–4:00 p.m. LOCATION: Rockefeller Memorial Chapel

Luncheon: Tuesday, August 9, 2016

Bucksbaum Institute Medical Student Orientation Luncheon

TIME: 11:45 a.m.–1:00 p.m.

LOCATION: Biological Sciences Learning Center

Workshop: Friday, September 16, 2016

An Introduction to The Balint Society of America

Kathy Knowlton, PhD and Jeffrey Sternlieb, PhD

TIME: 8–9:00 a.m. LOCATION: MacLean Conference Room W-732

Discussion Panel: Wednesday, October 5, 2016

The Right to Healthcare

Co-sponsored with the Bucksbaum Interest Group (BIG), a Pritzker School of Medicine Student Organization

TIME: 5:30–7:30 p.m.

LOCATION: Biological Sciences Learning Center Room 115

Lecture: Wednesday, October 26, 2016

Professional Ethics in Obstetrics Practice and Research

Frank A. Chervenak, MD (Cornell University)

Co-sponsored with the MacLean Center for Clinical Medical Ethics

TIME: 12–1:30 p.m. LOCATION: Billings Auditorium P-117

International Conference: November 2–4, 2016

Disarming Dialogues: Reviving Humanities in Medical Education (RHiME)

Co-sponsored with the University of Chicago Center in Delhi

LOCATION: New Delhi, India

Seminar: Tuesday, November 8, 2016

Schwartz Center Rounds (meeting #1)

TIME: 11:30 a.m.–12:30 p.m. LOCATION: TBD

Scholar Lab Meeting: Tuesday, November 15, 2016

Special Delhi Conference Update on Disarming Dialogues:

Reviving Humanities in Medical Education (RHiME)

Vinay Kumar, MD (University of Chicago)

Matthew Sorrentino, MD (University of Chicago)

TIME: 7–8:30 a.m. LOCATION: Surgery Brain Research Pavilion J-103

Lecture: Tuesday, November 29, 2016

Rethinking the Traditional Office Visit: Harnessing Technology to Support Communication and Access in the Era of Precision Medicine

Angela Bradbury, MD (University of Pennsylvania)

Co-sponsored with the Department of Medicine and the Melinda Gordon Memorial Lecture

TIME: 12–1:30 p.m. LOCATION: Billings Auditorium P-117

Seminar: Tuesday, November 29, 2016

How to Optimize Patient-Provider Communication with Telehealth in the Era of Multigene Testing

Angela Bradbury, MD (University of Pennsylvania)

TIME: 5–6:30 p.m. LOCATION: Goldblatt Pavilion H-103

Lecture: Wednesday, January 11, 2017

Ebola and Zika: Case Studies in Management of Infectious Disease in Pregnancy

Emily Landon, MD (University of Chicago)

Co-sponsored with the MacLean Center for Clinical Medical Ethics

TIME: 12–1:30 p.m. LOCATION: Billings Auditorium P-117

Lecture: Thursday, January 19, 2017

The Evolution of Medical Education

Kelley M. Skeff, MD, PhD (Stanford University)

TIME: 5–6:30 p.m. LOCATION: Billings Auditorium P-117

Seminar: Thursday, February 2, 2017

Schwartz Center Rounds (meeting #2)

TIME: 11:30 a.m.–12:30 p.m. LOCATION: TBD

Lecture: Thursday, February 9, 2017

Can a Communication Tool for Surgeons Reduce Unwanted Care?

A Proof of Concept

Margaret Schwarze, MD, MPP (University of Wisconsin)

TIME: 5–6:30 p.m. LOCATION: Billings Auditorium P-117

Lab Meeting: Friday, February 24, 2017

Physician Burnout and the Doctor-Patient Relationship

Mark Siegler, MD (University of Chicago)

TIME: 7–8:30 a.m. LOCATION: Cardiology Conference Room W-632

Lab Meeting: Friday, March 17, 2017

Bucksbaum Pilot Grants: A Discussion of Current Faculty Scholar Projects

Matthew Sorrentino, MD (University of Chicago)

TIME: 7–8:30 a.m. LOCATION: Cardiology Conference Room W-632

Lecture: Wednesday, March 29, 2017

Not Much Choice: Reproductive Justice and Women of Color

Melissa Gilliam, MD, MPH (University of Chicago)

Co-sponsored with the MacLean Center for Clinical Medical Ethics

TIME: 12–1:30 p.m. LOCATION: Billings Auditorium P-117

Lecture: Thursday, March 30, 2017

Communication in Serious Illness: An Evidence-Based Approach

James Tulsky, MD (Harvard University)

TIME: 5–6:30 p.m. LOCATION: Billings Auditorium P-117

Seminar: Friday, April 14, 2017

Schwartz Center Rounds (meeting #3)

TIME: 11:30 a.m.–12:30 p.m. LOCATION: TBD

Annual Symposium: Friday, April 21, 2017

Leadership and the Doctor-Patient Relationship

Laura Roberts, MD, MA (Stanford University)

TIME: 12–4:30 p.m.

LOCATION: Center for Care and Discovery Boardroom

Lecture: Wednesday, May 17, 2017

Legislative Interference in the Doctor-Patient Relationship and Physician Advocacy

Hal Lawrence, MD (American Congress of OB/GYN)

Co-sponsored with the MacLean Center for Clinical Medical Ethics

TIME: 12–1:30 p.m. LOCATION: Billings Auditorium P-117

Seminar: Monday, June 5, 2017

Schwartz Center Rounds (meeting #4)

TIME: 11:30 a.m.–12:30 p.m. LOCATION: TBD
